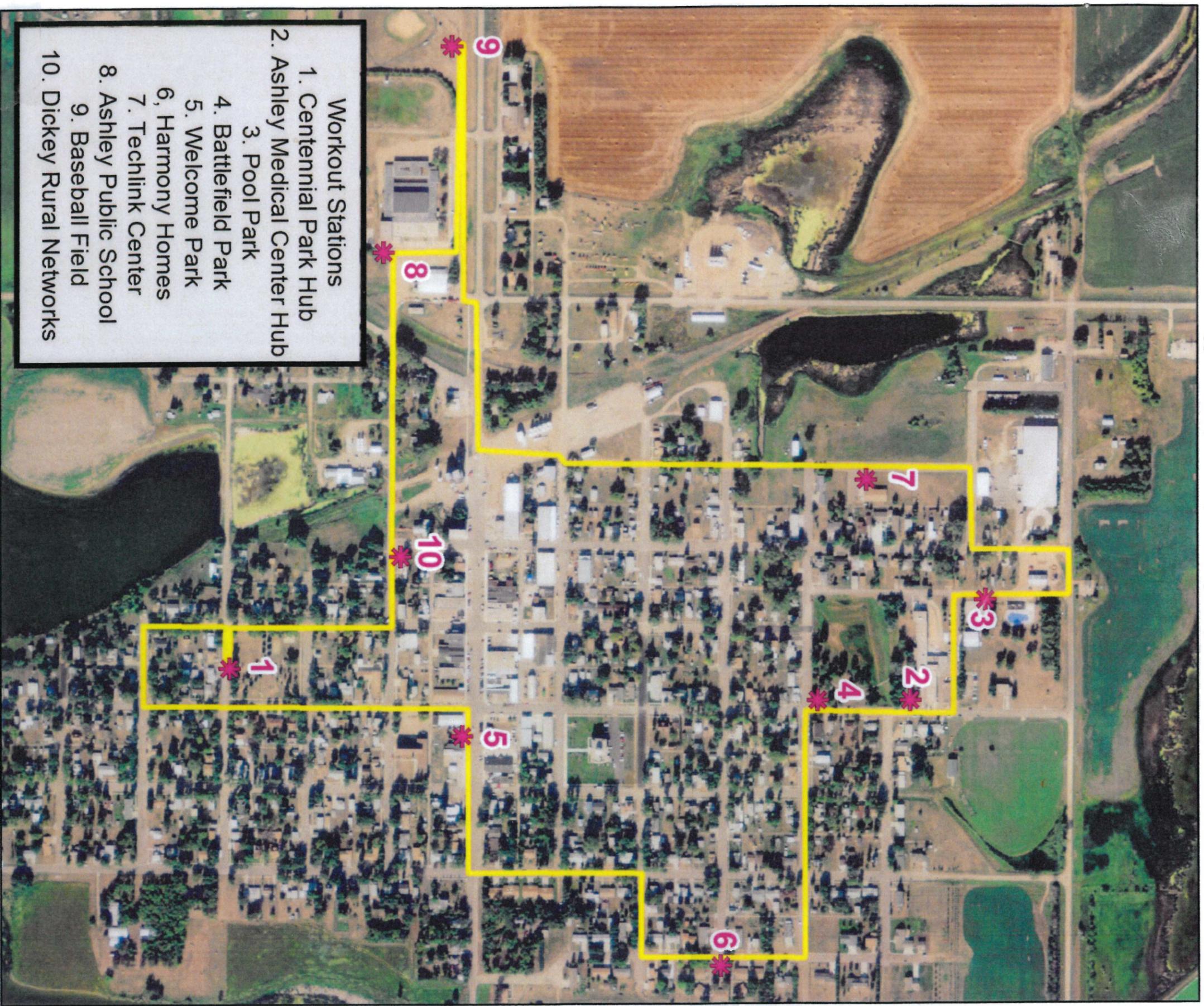


# FITNESS TRAIL



\*Consult a physician before starting any exercise program\*  
Not responsible for accidents. Participate at your own risk.

Yellow marked trail is a suggested 5K (3.2 miles) route beginning and ending at Centennial Park



- Workout Stations**
1. Centennial Park Hub
  2. Ashley Medical Center Hub
  3. Pool Park
  4. Battlefield Park
  5. Welcome Park
  6. Harmony Homes
  7. Techlink Center
  8. Ashley Public School
  9. Baseball Field
  10. Dickey Rural Networks